

2007 NTIS Awards

The 2007 NTIS Awards will be held at the International Room, SKYCITY Casino on Friday November 2 from 6.30pm- 9.00pm. The NTIS would like to wish all the finalists well and congratulate on your nominations.

Netball

Kim Bruyn, Alyce Casilli and Sarah Williams Chloe Alderman selected in the U21 Nationals in Brisbane along with ex NTIS athletes Karyn Bailey, Sarita King, Emma Mitchener, Eliza McGregor, Jacinta Kay and Claire Hayward. Stacey West coached the team.

The NT U21's in round 4 saw the NT clinch a thriller against Tasmania 53 to 52.

The Northern Territory kept Tasmania winless with a win in the last round of the 2007 under 21 National Championships at the State Netball Centre. In the fight for seventh position it was a great competition from both sides with NT coming away winners in a very tense 55-53 game.

Cricket

16 year old Carbine Club JEDS scholarship holder Kane Richardson selected in the U19 cricket team played in 5 one day matches against Pakistan U19's in Pakistan with the team battling to win on home soil.

In the first match Kane scored 3 runs off 6 balls in Australia's total 198 runs. In reply Pakistan made 3/202. Kane bowling figures 8 overs 1 maiden 0-32. In the second match Pakistan won by 9 wickets. With Kane batting at number 4, scoring 20 runs, with two 4's and 1 six before being bowled out. The Australian team was all out for 78 runs. Pakistan in reply made 1 /79. In the third match Pakistan won by 30 runs, Kane bowling figures 6 overs 0-40, batting figures 15 runs off 10 balls with 2 sixers. In the 4th match Pakistan won by 5 wickets, Kane scoring 12 off 26 balls, and bowling figures 4 overs 0-38. In the fifth and final match Pakistan won by 9 wickets, with Kane's bowling figures 0-17 and did not bat.

Triathlon

Sophie Hawken recently was awarded the NT Sprint Distance Female Champion for the second year in a row. The event is a 750m swim, 25km bike ride, and 5km run.

Alison Fitch competed in the World Ironman Championships on the island of Hawaii. Ali finished 22nd from 51 triathletes in the Pro section. Ali completed the 3.8km swim in 58.04 minutes, the 180km bike ride in 5 hours 18.38 minutes, and the marathon in 3 hours 37.54 minutes for a total time of 10 hours and 15 seconds. This is a 21 minute improvement from last year.

Here are a few excerpts from her race report:

Unfortunately, at the start, I got blocked in, and then a great whack to the right eye socket. "Goggles off, drain, goggles back on, keep swimming".

After a couple of calf cramps (weird) we neared the turn-around, and we were again swimming too slowly for my comfort.

“OK, not happy with swim time, but the positive here is I am with a good group of top female pros. Stay calm”.

I lead the pack out of the swim only for the volunteer to hand me the wrong swim bag. I ran back down the skinny “bag” chute me yelling at the volunteers to hand me bag number 121 but everyone else was yelling at me to go the right direction. When I think of it now, it seems quite funny ... definitely not then!

Finally, transition tent.....race suit off, race belt on...go go go....grab drink ...off to bike....helmet on, run run...don't trip over, mount bike, feet in shoes, still in good position with group, ok, lets go.

There was probably a group of about 10 of us jostling for position in that crazy first section of the bike course. I felt a bit “crampy” in the right leg which I again thought was a little unusual, but otherwise was focused on keeping in touch and not letting the group break away. The speed was fast in the first 20km and I was paying a lot of attention to staying the new 10m distance behind the cyclist in front, as a motor bike was closely following our group.

Finally, the turn-off to transition. I knew I was in trouble before I even started the run. My legs now badly swollen, my rings were now stuck tight on my swollen fingers. And I felt like all my mental power to overcome my physical problems had been left on the bike leg.

No one in sight, I would enjoy the last 20 metres and soak it all up. Um, nup, not to be. A male edged up on my right side. “oh no”, to be overtaken in the last 15 metres. “Oh bigger NO”, a female was about to overtake on my left, “NO, NO, not now”. My body went into auto-pilot, sprint, sprint, sprint; fight to the end. Another race was on.

We shook hands laughing as we walked down the other side of the finisher's ramp. Then my legs had had enough. Without warning, I collapsed.

Cycling

Matt King has just been offered an AIS scholarship for next year which will include riding for the SouthAustralia.com/AIS cycling team in the Australian National series and in Europe.

Matt King finished in 63rd place, 1 hour, 09 minutes 31 seconds behind the leader Cameron Meyer (WA) after 11 stages in the Tour of Tasmania. Matt's best result was 48th place in Stage 2's Devonport to Sheffield 90.1km road race.

Daniel Johnston is currently recovering from a knee injury from a couple of months ago in the Tour of the Murray River, where he crashed out on the first day of the tour. Recently as a member of a team (Bio-Mechanics) that needed to qualify to race in the Rendition Homes Team Series (a local criterium series in SA) he finished 12th, out of a field of 40. The team qualified for the series.

Sailing

Congratulations to Mark Edmonds who won junior NT sailor of the year and Rohan Langworthy won the Senior NT sailor of the Year.

Swimming

Zac Dalby from Alice Springs won 4 gold medals in his age group in the Katherine Swimming Championships recently in the 50m freestyle, backstroke, breaststroke and butterfly. He finished first in the Open 200m free and breaststroke too. The 200m breaststroke event that he swam broke an Alice Springs Club record.

Touch

Jordan Ah Sam has been invited into the National Open Women's Indigenous Squad to play at the World Indigenous tournament in Waitakere, Auckland in January 2008.

Hockey

Congratulations to Leon Hayward and Adrian Lockley who have been selected to attend the National U21 goalkeeper and drag flicking camp in Sydney next month.

Goal Keepers:

Leon Hayward (NT), Hamish McGregor (TAS), Scott Garner (NSW)

Drag Flickers:

Geoffrey Cock (TAS), Adrian Lockley (NT), Matthew Butturini (NSW), Aaron Kliensmidt (VIC), Tim Bates (QLD), Jason Wilson (QLD)

Tenpin Bowling

The NT Men's and Women's team competed this month in the 2007 National Championships consisting of the open championship, Rachuig teams' competition, and finally the Masters (the best of the best).

In the Men's Open Championship Scott Richards achieved a 299 game score in the team event while Andrew McArthur top scored with a 299 game high in the open doubles event with Ronald Voukolos.

In the Rachuig Teams event the Men's team consisting of NTIS athletes **Ronald Voukolos, Alice Springs' Andrew McArthur, Scott Richards, Bruno Maglieri**, and Chris Kirwin and Darren Burton, finished in 3rd place. The team had notable wins against Tasmania twice, Victoria twice, and WA twice and finished behind New Zealand and NSW. Bruno Maglieri has a game high 279 pins, and 209.5 average, Ronald a 231 average and game high 278, Andrew McArthur a 267 game high and 215.7 average, Scott Richards and 258 game high and Robert Kennedy a 189.9 average and game high score of 218. From this Andrew McArthur and Ronald Voukolos made the Masters competition. Andrew in this tournament finished equal 9th and Ronald equal 12th.

In the women's pre tournament Championship competition NTIS' Rebecca Simpson and NT's Kaye Talbot won the open grade doubles event with a record high score 1377 for 3 games. Rebecca continued in good form and won the women's open grade singles title.

In the women's Rachuig Teams event the team finished 5th overall with the highlight a last day dash with 5/7 match wins. The NT women's team had wins twice over Tasmania, ACT, SA, and WA. Rebecca Simpson had a 217.2 average, 267 game high; Angela Shima a 204 average and 267 game high and Jayde Flanagan a 278 game high. Other NT team members were Kaye Talbot, Alana Campbell and Felicity Hutchins.

The NT finished 4th in the combined Men's and Women's Rachuiq team events.

Rebecca Simpson won the Australian Open Masters women's event after qualifying in 16th place. Rebecca defeated her World Championship team mate Ann-Marie Putney in 5 games 3-2. Game 1 was 162-224, game 2, 200-192, game 3, 185-228, game 4, 216-215 and in the final game 217-186. Along the way Rebecca defeated Kylie Lack (Qld) 3-1 in the semi final, Kate Wilton (Qld) 3-1, Jessica Nahas (WA) 3-0, and Jennifer Edwards (NZ) 3-1. Bec had a game high of 268 and an average 220.8 over the 2 day event. Ex NTIS athlete Felicity Hutchins and **Angela Shima** also made the Masters tournament.

AFL

NTIS scholarship holder Marlon Motlop attended the AFL draft Camp this month at the AIS. Marlon recorded a 13.4 in the shuttle run test, and around 3 seconds for the 20m sprint. There were interviews with Sport Psychologist Dr Noel Blundell, fitness tests, transition to AFL speakers, psychomotor tests, AFL club informal interviews and individual player tapped interviews. Charlie Sharples and Peter Rolfe travelled to Adelaide for their tests. They will all have to wait until the main draft on November 24.

Judo

Kelly has been selected in the Oceania Judo Union (OJU) team for the Olympic Judo test event in Beijing, leaving straight after the OJU cup in Perth in November. Kelly was selected for the OJU team to compete in the World Judo Team Championships being held in Beijing following the Olympic Test Event on 17th November.

The Team event is for Nations (with combined team from OJU) consisting of 1 women's team and 1 men's team, each consisting of 7 members. Kelly will compete in the under 52 Kg class

Rugby League

NTIS Rugby League athletes Peter Hassall, Michael Elphick and Tyler Malone headed to the AIS to attend a week long development camp. Peter Hassall was the Darwin Rugby League's rookie of the year. The camp aims to provide a rugby league education to regional and rural elite rugby league players in Years 11 and 12 in order to bridge the gap in learning opportunities that currently exists between country and city-based elite players. Selection into the program is based on the quality of the player's performances in schoolboy and club representative football.

Rugby Union

Well done to 2006 scholarship holder Robert Butcher who has been accepted into the Brumbies Academy for next year. Robert moved to Canberra earlier this year with the goal of making the squad.

Tennis

Early this month in the Frankston Junior Claycourts, Victoria Kassandra Dunser was a semi finalist in the doubles with partner Kiera Halicek (NT).

Kassandra was a quarter finalist in 12's doubles at Optus 12s National Clay courts in Melbourne with Kiera Halicek, and seeded 3rd was a semi finalist in the singles losing to Stefani Stojic (5th seed) 3-6, 1-6 who went on to win the event.

Wrapping up a busy month, Kassandra Dunser played for the NT in the Bruce Cup National Primary School Exchange in Devonport and Burnie, Tasmania. Consisting

of singles, doubles and mixed doubles Kassandra played strongly and did not lose a match in the girls singles, while she finished in seventh place.

Emily Webb won 1st round at the Optus 14s singles. Matilda Hirst seeded 15th lost first round Optus 14s singles then made the 2nd round in the consolation draw. Matilda and Emily teamed up for doubles but unfortunately lost in the first round.

Ashlee Brown is currently touring on the Australian Pro and Australian Money Tournament (AMT) circuit in the senior women's competitions. Ashlee missed the final 8 cut to make the main draw of the singles in the Rockhampton US\$25,000 Pro tournament. Ashlee in the US\$25,000 tournament Gympie lost in the second round of the qualifying draw to the 8th seed Jessica Moore.

Ashlee just missed out to make the main draw in the US\$25,000 Traralgon tournament (Victoria) going through to the last 16 players. Ashlee missed the cut of 8 players from the original 64 trying to qualify to play in the main draw of the senior competition on the hard court surface. Ashlee gained a wild card entry in the main draw doubles competition from her performance in the Australian Money Tournament unfortunately losing in the first round.

In the Victorian AMT No. 4 in Traralgon, Ashlee played in the final of the singles losing to Sally Peers 6-4, 6-7, 3-6 in a tight 3 setter. Ashlee the number 6th seed defeated the number 2 seed Tyra Calderwood 6-3, 6-1 along the way to the finals.

In the Fielders City of Unley AMT Ashlee made it right through to the singles semi finals losing to the eventual winner Kate Antosik, after defeating ex NTIS athlete Nancy Ferguson 6-1, 6-4 in the round of 16. With doubles partner Nancy Ferguson the pair went on to the finals but Ashlee had to withdraw due to an injury.

Tarlina Tipungwuti won the Gove Open women's' singles tennis title 6-1, 6-1 against Carmen Moore from Gove.

NTIS coaches and Staff

An NTIS Coaches workshop was conducted in Alice Springs with about 7 local coaches attending. Well done to the NTIS coaches who conducted the community presentation where 18 people attended, including coaches, athletes, sports administrators and physiotherapists.

June Voukolos coached the NT Men's Senior Team at the Nationals this month, followed by the NT Rachuig Team and then ran the Tenpin Bowling National Coaching and Officiating Conference.

Tadek Rudz returned from the AIS to analyse the AIS protocols for National Sport Science Quality Assurance program so that he can get the NTIS laboratory and the PES staff's field testing up to National and International standards.

Michael Rawiri attended the AIS Rugby League development camp in Canberra with the 3 NTIS rugby League athletes.

Matt Brearley has been to the Beijing Experience Workshop at the Australian Institute of Sport, National Elite Sports Council (NESC) Sport Science Managers Meeting and NESC Applied Physiology Conference at Queensland Academy of Sport (QAS) and the Triathlon Australia Beijing Planning Day in Sydney.

Tadek Rudz has attended the NESC Applied Physiology Conference at the QAS.

Michael Dobbin attended an AFL Hip and Groin Symposium. The symposium was conducted by the AFL Medical Officers Association (AFLMOA) which is the medical networks of all the clubs and researchers who control what gets looked into within the AFL medical field.